

MILK SUBSTITUTIONS

We have received the final ruling from USDA on Fluid Milk Substitutions in the School Nutrition Programs which address the substitution of fluid milk for children whose non-disabling allergies, culture, religion or ethical beliefs preclude the consumption of cow's milk. We have the option to offer a nondairy milk substitute to students with a medical or special dietary need other than a disability.

Water or juice can no longer be offered as a fluid milk substitute for a student with medical or special dietary needs. Lactose – free milk should be the first choice for a student who has lactose intolerance. Lactose-free milk provides the same key nutrients found in regular cow's milk and is readily available nationwide.

The Food Service Department will be substituting a soy milk product to students that return the special dietary medical form to the school nurses in their respective buildings. The form is available from the building nurse or on the District website. The nurses will alert the Food Service Department to add the substitution to the student's dietary notes in the point of sale system used at breakfast and lunch.

Please complete only **Part 1 and Part 2 of the form** found on the FASD website if your child has non-disabling allergies, cultural, religious or ethical beliefs which prohibit the consumption cows of milk. The form must be on file with the school nurse and updated when there are any changes.

If you have any questions, please contact the Food Service Coordinator at 610-944-8111 ext. 1600.